

INTRAVENOUS THERAPY INFORMATION

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Center for Integrative & Regenerative Medicine
Rockfish Center, Suite 1, 1543 Beech Grove Rd., Roseland, Virginia 22967, (434) 361-1896

FEE SCHEDULE:

Initial one hour Medical Consultation & Examination.....\$425.00
I.V. Chelation Therapy / I.V. Nutritional Therapy.....\$225.00

Payment in full is due at the time services are rendered. An invoice with the appropriate coded billing information will be provided for submittal to your insurance company, however, please understand that most medical insurance will often refuse to pay for I.V. chelation and/or I.V. nutritional therapy, except when heavy metal toxicity is diagnosed.

A \$150.00 deposit must be received prior to the initial consultation to reserve the new appointment.

Patients are responsible for calling 24 hrs. in advance to change or cancel new or follow-up appointments.

Please know that there will be a charge for confirmed consultations which are missed

In the event of inclement weather, I.V. therapy appointments will be rescheduled.

REGULAR OFFICE HOURS:

I.V. treatments are performed on Thursdays beginning at 10:00 am through 4:30 pm.

After-hours acute care phone consultations will be billed at \$5.00 per minute. Brief, informational calls will not be charged. Due to our large volume of long-distance service, phone calls will be returned, and the patient may then immediately return the doctor's call.

For all questions and acute problems, please call between 10:00 am and 5:00 pm on Tuesdays through Thursdays.

Daytime office phone number: (434) 361-1896; Fax: (434) 361-1928

After-hours emergency phone number: (434) 361-2573

The usual course of chelation therapy requires 30 treatments to obtain beneficial results for patients with cardiovascular diseases. Additional chelation treatments may be needed in an individual case to obtain the optimum results possible. Each chelation therapy infusion usually lasts about 3 hours. The frequency of treatment varies and depends on kidney function and individual tolerance. The average frequency of chelation therapy is once weekly. When the therapeutic goal is achieved, chelation therapy is usually given every one to two months thereafter to maintain the health benefits. Kidney function is tested before each treatment to prevent overload. The ultimate benefit of intravenous EDTA chelation therapy depends on the total number of treatments, not on the interval between treatments.

Please see "INTEGRATIVE MEDICINE INTRAVENOUS THERAPY" under the "Services" tab on our website at http://alternativemedcare.com/INTEGRATIVE_MEDICINE_INTRAVENOUS_THERAPY.pdf.

GENERAL INSTRUCTIONS FOR CHELATION THERAPY PATIENTS:

- 1) Keep your scheduled appointment time as near as possible. Please call 48 hrs. in advance if you need to change your appointment.
- 2) It is very important to drink plenty of water during each of your chelation treatments in order to flush the toxins safely from the kidneys. Drink a minimum of four cups of water, whether or not you are thirsty.
- 3) It is very important to eat a full meal prior to chelation therapy. Also, make sure to bring food with you to snack on during your treatment, e.g., sandwiches, fruit, etc.
- 4) While you are receiving your chelation therapy I.V. infusion, relax and try to maintain a quiet, restful atmosphere. Do not put any pressure on your arm with the needle in it and try not to twist the arm if possible. Be careful not to disturb the needle site by rubbing or pulling the skin. This can cause the needle to move and the I.V. may need to be restarted.

- 5) Notify the office staff if your I.V. drip bothers you. If you feel any discomfort above the elbow, gently massage the area. Placing a warm cloth over the area may also be helpful in relieving discomfort. If you need any assistance obtaining food or drink or getting to the lavatory, please call the nurse.
- 6) Remember to take your vitamin/mineral supplements and other prescribed nutritional agents daily.
- 7) Do your very best to eat wholesome foods. Follow the "Nutritional Guidelines for Chelation Therapy."
- 8) Avoid all high calcium-containing foods and supplements on the night before, day of and the morning after your chelation treatments. High calcium foods to avoid include all dairy products, milk, yoghurt, cheese, ice cream, cottage cheese, almonds, sunflower seeds, brazil nuts, sesame seeds, soybeans, tofu, tempeh, broccoli, collard greens, kale and other dark leafy greens, peas, beans, the soft bones of canned fish, kelp, spirulina, chlorella and other green foods, e.g., green magma, etc.
- 9) If your condition permits, do aerobic exercise regularly, e.g., a 20 minute brisk walk daily, NordicTrack.
- 10) Absolutely stop smoking and/or chewing all tobacco products! Chelation therapy will not be truly effective in those who continue to smoke and/or chew tobacco.
- 11) Blood and/or urine tests will be checked on a routine basis to help regulate your chelation therapy dosage and to monitor your progress and general health.
- 12) We encourage you to read books on chelation therapy, nutrition, homeopathy and natural healing. Recommended books on chelation therapy include: "Bypassing Bypass" by Elmer Cranton, M.D. (Hampton Roads, 1996); "Questions From The Heart" by L. Terry Chappell, M.D. (Hampton Roads, 1995); "The Healing Powers of Chelation Therapy" by John Trowbridge, M.D., and Morton Walker, DPM (New Way of Life, Inc., 1992); and, "The Scientific Basis of EDTA Chelation Therapy" by Bruce Halstead, M.D. (Golden Quill Publishers, Inc., 1979).
- 13) Please remember that chelation therapy will be more effective in helping you achieve better health if you eat properly, get regular exercise, avoid tobacco, limit alcohol and nurture your mental, emotional and spiritual well-being, e.g., through meditation, prayer, reading and other inspirational activities.
- 14) You are encouraged to see your primary care physician, specialists or other health care practitioners for ongoing care of your chronic conditions and for any illnesses not related to the diseases for which you are receiving chelation therapy and/or I.V. nutritional therapy.

DIRECTIONS TO THE OFFICE PRACTICE:

Physical Address: 1543 Beech Grove Rd., Suite 1, Roseland VA 22967

Mailing Address: P.O. Box 860, Nellysford, VA 22958

From the North: From Charlottesville and all points north, follow Rt. 29 south to I-64 west to Exit 107 (Crozet, Rt. 250). Turn left off ramp and take 250 west to Rt. 151 south, turn left. Follow Rt. 151 south to Rt. 664, 14.2 miles. Turn right, and the Rockfish Center will be 1.35 miles ahead on the left. Allow 45 minutes minimum travel time from Charlottesville.

From the South and West: From Lynchburg, take Rt. 29 north to Rt. 6 west, turn left. Follow to Rt. 151 south, turn left and continue to Rt. 664. Turn right, and the Rockfish Center will be 1.35 miles ahead on the left. From Roanoke and Blacksburg, take I-81 north to I-64 east to Exit 99 (Rt. 250). Take Rt. 250 east to Rt. 151 south and follow to the Rockfish Center as above. Allow 1-hour minimum travel time from Lynchburg. Allow 2 to 2¹/₂ hours minimum travel time from Roanoke and Blacksburg respectively.

From the East: From Richmond, take I-64 west to Exit 107 and proceed as above. From points south of Richmond, take Rt. 60 west to Amherst then turn right at rotary onto Rt. 29 north continuing to Rt. 6 west, as if coming from Lynchburg, and proceed as above. Allow 1¹/₂-hour minimum travel time from Richmond.

OVERNIGHT ACCOMMODATIONS:

Wintergreen Mountain Resort reservations, (800) 325-2200
 Acorn Inn Bed & Breakfast, (804) 361-9357
 Meander Inn Bed & Breakfast, (804) 361-1121
 The Mark Addy, (804) 361-1101
 Harmony Hill Bed & Breakfast, 263-7750
 Landwood Acres Bed & Breakfast, (804) 263-8565
 Fairview Bed & Breakfast, (804) 277-8500
 Dutch Haus Geselligkeit, (540) 377-2119